# NATURAL SELECTION SOUT

# SOUTH AFRICA WEATHER & WHAT TO PACK: FACTS & INFORMATION

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# SEASONAL WEATHER INFORMATION

The climate in South Africa is sometimes temperamental, but there are seasons that follow a weather pattern. Below is a brief description of what you can expect in the different months:

### JANUARY – MARCH:

#### Summer

January to March are some of SA's hottest months and you can expect high temperatures  $(\pm 30-35)$ degrees) all over the country. In the Western Cape and De Hoop it is dry, but further north it can be wet with the onset of the summer rains.

## APRIL – MAY: Autumn

The temperatures start to cool down and it's a lovely time of year to travel with warm days and blue skies, but cooler mornings and evenings. There is a chance of rain across the country, but nothing that will prevent activities taking place.

#### JUNE – AUGUST: Winter

These are the coldest months in South Africa. In the Western Cape, temperatures can drop to 5 or 6 degrees in the mornings and in the northern parts of the country, sometimes lower. At De Hoop, the whales start to arrive in July.

## SEPTEMBER – OCTOBER: Spring

The days become longer and slightly warmer, especially towards October. The whales at De Hoop stay in the area until roughly November, making it a great time of year for whale watching.

### NOVEMBER – DECEMBER: Summer

The first strains of summer start to peek through. At De Hoop, the days become warmer and longer and in the northern areas, you might start to experience some summer thunderstorms.



# YOUR SAFARI SUITCASE

Listed below are some recommendations for your packing list. We've got the essentials, the not-so essentials (but always useful!) and some items you might never have thought of...

#### Year Round

- Cotton, long-sleeved tops and trousers in neutral colours (beige, khaki, tan) to protect from both sun and insects.
- Reef shoes or Crocs for walking on sharp rocks at low tide that you don't mind getting wet!
- A fleece or warm sweater (even in summer!)
- A broad brimmed hat for protection against the sun.
- Sunglasses that cut out glare.
- Sunblock, insect repellent and lip balm.
- Good, sturdy closed shoes or boots and socks for walking.
- Head torch for the evenings.
- Binoculars.



#### Summer

- Light, waterproof jacket to protect against the rain if travelling to the northern regions of the country.
- If in the Western Cape and De Hoop, it's sun cream and swimsuits!

#### Winter

- Layers are essential.
- Warm leggings good to wear under trousers.
- Woollen hat, gloves and scarf for extra warmth.

### Extra

- Flip-flops.
- iPad or Kindle, loaded with books.
- Kikoy or sarong useful in all manner of situations!
- Camera equipment, spare batteries, memory cards.
- Personal medicine.